

2023

DFA CONFERENCE

08-10 OCTOBER
NOVOTEL SUNSHINE COAST

OFFICIAL Conference program

At DFA2023, we have a superstar line-up of international and national experts presenting at future focused DFD plenary sessions and practical workshops. With multiple insightful abstract sessions, partner workshops, a breakfast masterclass, an interactive exhibition and DFA mini symposium, we're focused the practical, the future and bringing together the DFD community. We also feature 11 speakers involved in the development of the just released '2023 IWGDF Guidelines for DFD' and we're excited for the very special Charcot Masterclass featuring both the Chair and Secretary from the first ever IWGDF Charcot Guideline, which is not to be missed. We look forward to welcoming you to the beautiful Sunshine Coast where the airport is six minutes away from the conference and it's a stroll to the beach.

SUNDAY 08 OCTOBER

SUNDAY 08 OCT | LIMITED REGISTRATIONS | RELEASED SOON

DFACTiON

Starting the discussion on
a national approach to
DFD research in Australia



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NOVOTEL SUNSHINE COAST



diabetesfeetaustralia.org

2023 SUNDAY SUNSET

WELCOME EVENT +
POSTER SHOWCASE

6:00-8:00pm
NOVOTEL



Diabetes Feet Australia

6:00-8:00pm

Join us on Sunday night as we kick off the DFA2023 Conference in relaxed style. This event also includes the DFA Poster Showcase where we're showcasing research from around Australia and internationally.

MONDAY 09 OCTOBER

2023 MONDAY NIGHT

INTERACTIVE DINNER



Diabetes Feet Australia

MONDAY 7:00 - 10:00pm

Join us on Monday night for our always entertaining, interactive dinner. This year, we're under the stars & taking full advantage of our resort location, so get ready for some relaxed fun and good vibes.

3:00- 5:00pm LIMITED REGISTRATIONS OPEN SOON
In this interactive session, we want to hear from you. As we work towards bringing the DFD community together to conduct research that makes a real difference and supports new innovations in clinical care delivery.



CONFERENCE PROGRAM

DFACONFERENCE
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MONDAY 09 OCTOBER

8:30	8:55	Official Conference Welcome		
PLENARY		From bench to bedside – translating research into clinical practice		
9:00	9:20	Today’s cutting-edge research is tomorrow’s best practice clinical care		Professor David G Armstrong (USA)
9:20	9:35	Using data to inform and reform		A/Professor Pete Lazzarini
9:35	9:50	How do we go from knowing research to implementing into clinical practice?		Dr Emma Hamilton
9:50	10:05	Key research considerations in First Nations Peoples health		Professor James Charles
10:05	10:30	Live panel discussion + Q&A with all speakers		
10:30	11:00	MORNING TEA & EXHIBITION		
WORKSHOPS		SESSION 1	SESSION 2	SESSION 3
11:00	11:40	Personalised medicine – isn’t this what we’ve been doing all our lives, or is implementation challenging? A/Professor Jaap van Netten with A/Professor Byron Perrin	Charcot Masterclass featuring the Chair & Secretary from the first ever IWGDF Charcot Guideline A/Professor Katherine Raspovic and Professor Dane Wukich (USA)	Wound bed preparation, dressings and current technologies Dr Pam Chen with Ms Hayley Ryan
11:45	12:30	Collecting your own data – how do you run a study in a clinical practice? Professor David G Armstrong with Dr Emma Hamilton	Integrating best practice offloading into your clinical practice A/Professor Pete Lazzarini with Professor Stephen Twigg	The inclusion of culture in DFD management for Aboriginal and Torres Strait Islander Peoples + VR experience Professor James Charles with Professor Viv Chuter
12:30	13:30	LUNCH AND EXHIBITION		
BREAKOUTS		SESSION 1	SESSION 2	SESSION 3
		Diabetes-related foot disease and clinical care	Outcomes from the Aboriginal and Torres Strait Islander diabetes-related Foot Complications Program	Practical DFD Partner Workshops
13:30	15:00	Prospective randomised placebo-controlled trial assessing the efficacy of silver dressings to enhance healing of acute diabetes-related foot ulcers Eva Staunton – Royal Melbourne Hospital	An overview of the Aboriginal and Torres Strait Islander Diabetes-related Foot Complications Program Kim Morey & Astrid Melchers – SAHMRI	13:30 – 14:00 Take Control of Infection Infection cannot wait. Join Dr Pavan Belehalli along with clinical specialists for a session of discovery as we present the NEW UrgoClean Ag and UrgoTul Ag, the complete range you need to fight against local infection.
		VITAFOOT- a double-blind, randomised controlled trial of micronutrient supplementation in people with non-healing diabetes-related foot ulcers Dr Emma Hamilton – Fiona Stanley Hospital	The strengths of embedding co-designed diabetes-related foot complications programs in Aboriginal community controlled health services Laura Stuart & Ala McKay – Congress & Kimberley Aboriginal Medical Services	
		Optimal temperature stabilisation period after Total Contact Cast (TCC) removal for assessing dermal temperatures in active Charcot neuro-osteoarthropathy Justin Bradley – Monash Health	“If you can’t feel Country beneath your feet, something’s wrong”: Foot Stomp in Southern Adelaide Duncan Langford Glass & Saraïd Martin – Flinders University, SALHN	

NOTE: Times are shown in Australian Eastern Standard Time (AEST). The program is subject to change.

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CONFERENCE PROGRAM

MONDAY 09 OCTOBER

BREAKOUTS

SESSION 1

Diabetes-related foot disease and clinical care

Evaluation of behavioural therapy for adults with diabetes-related foot disease on measures of self-care behaviour, coping, psychological distress and glycaemic control
Dr Melanie Burkhardt – Fiona Stanley Hospital

Most individuals with diabetes-related foot ulceration do not meet dietary consensus guidelines for wound healing
Hailey Donnelly – University of Newcastle

Diabetic foot wound swabs useful or useless? A mixed methods study
Dr Denise Kee – Sunshine Coast University Hospital

SESSION 2

Outcomes from the Aboriginal and Torres Strait Islander Diabetes-related Foot Complications Program

"Look at Me!" Foot Health Education for Aboriginal Health Workforce
Beth Tiernan – University of South Australia

Enhancing Amputation Care for Aboriginal People in South Australia
Joseph Agius & Prof Rob Fitridge – SAHMRI/CALHN/AHCSA/Uni Adelaide

Evaluating the national Aboriginal and Torres Strait Islander diabetes-related Foot Complications program
Tina Brodie & Rosamond Gilden – SAHMRI

SESSION 3

Practical DFD Partner Workshops

14:20– 14:50
Using compression pumps in the management of complicated lower leg and foot disorders
Learn from podiatrist Dr. Sylvia McAra, about considerations for implementing a comprehensive treatment plan in complex cases and how SIPC can be utilised safely in the management of oedema, pain and wounds of the feet and legs.



15:00 15:30

AFTERNOON TEA & EXHIBITION

PLENARY

Practices in Prevention

15:30 15:50

What role does personalised medicine play in preventing DFD?

A/Professor Jaap van Netten (NLD)

15:50 16:05

Burden & prevention of diabetes-related foot disease in North Queensland

Professor Jon Golledge

16:05 16:20

Working with the patient for best wellbeing outcomes

A/Professor Anita Raspovic

16:20 16:45

Live panel discussion + Q&A with all speakers

16:45 16:50

Presentation of Outstanding Achievement Award

16:50 16:55

Day 1 close

19:00 22:00

INTERACTIVE DINNER UNDER THE STARS

PLENARY ONE

Translating research into clinical practice

Professor David G Armstrong
 Professor James Charles
 Dr Emma Hamilton
 A/Professor Pete Lazzarini

WORKSHOP SESSIONS

RUNNING A STUDY

in a clinical practice

CHARCOT MASTERCLASS

WOUND

bed preparation
dressings + technology

PERSONALISED MEDICINE

PLENARY TWO

Practices in prevention

Professor John Golledge
 A/Professor Anita Raspovic
 A/Professor Jaap van Netten



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TUESDAY 10 OCTOBER

7:50 8:30 **BREAKFAST SESSION: The URGO Medical Local Treatment: From Wound Infection to Complete Healing**
Join Dr Pavan Belehalli and discover our simple, effective and reliable solution which allows you to take control of healing, improve clinical outcomes and quality of life for your patients. (LIMITED SPACES)



PLENARY

All about the wound

8:50	9:00	Classifying the wound to determine the best management plan	Professor Matilde Monterio Soares (PRT) VIRTUAL
9:00	9:10	Choosing the right duration of antibiotics	A/Professor Laurens Manning
9:10	9:20	Treating peripheral artery disease to heal ischemic wounds	Professor Rob Fitridge
9:20	9:30	Wound healing interventions – hype or hope?	Dr Pam Chen
9:30	9:40	Applying offloading to achieve wound healing	A/Professor Pete Lazzarini
9:40	10:00	Live panel discussion + Q&A with all speakers	

10:00 10:30

MORNING TEA & EXHIBITION

BREAKOUTS

SESSION 1

Outcomes from diverse DFD health services

SESSION 2

First Nations Peoples and Regional Australians DFD health

SESSION 3

Practical DFD Partner Workshops

10:30 11:40

Racial Disparities in Major and Minor Lower Extremity Amputations and Timing to Amputation Following Diabetes Related Complications
Professor Dane Wukich – University of Texas Southwestern

Retrospective review of amputation rates in Aotearoa New Zealand
Sean Gray – Peke Waihangā NZ

10:30 – 11:00am
Outsmarting PAD the easy way
Join Kerrie Coleman NP, for this interactive workshop to understand the rationale for assessing patients regularly for PAD

Trends in Inpatient Diabetes-related Foot Disease (DFD) in an Australian hospital setting: a ten-year longitudinal analysis
Huy Do – Western Health

Collaborative Inpatient and Community Care: A Novel Approach to Diabetes-Related Foot Disease for Regional and Rural Victoria
John Chen LCHS/LRH – Gippsland HRFC



The use of non-removable knee-high offloading devices to treat plantar diabetes-related foot ulcers within a regional Australian health context
Ifeoluwapo Tokun – Townsville Hospital & Services

Improving access to High Risk Foot Services for First Nations people through community outreach clinics – Approaching First Nations Foot Disease within Aboriginal Community Health Organisations in Regional and Rural Victoria
Dr Scott McNeil – Alfred Health/ Gippsland High Risk Foot

11:05 – 11:40

VR Dreaming experience with Professor James Charles
VR Dreaming is an immersive interactive experience that transports participants back 20,000 years to my Kauria community. I share some Dreaming stories, knowledge of astronomy, traditional medicines, therapies, and treatments. (LIMITED SPACES)

Podiatry and Hospital in the Home; A pilot study in a regional setting
Adam McLean – Bendigo Health

Looking After Feet (Ingke Arntarntareme) program Co-designing foot health resources led by Communities in central Australia
James Gerrard – Central Australian Aboriginal Congress

Eastern Health High Risk Foot Service Database and HARP ED Diversion Pathway
Michaela Watts – Eastern Health



CONFERENCE PROGRAM

TUESDAY 10 OCTOBER

WORKSHOPS

SESSION 1	SESSION 2	SESSION 3
11:45 12:25 Collecting your own data – how do you run a study in a clinical practice? Professor David G Armstrong with Dr Emma Hamilton	Charcot Masterclass featuring the Chair & Secretary from the first ever IWGDF Charcot Guideline A/Professor Katherine Raspovic and Professor Dane Wukich (USA)	PAD from a podiatry perspective Professor Viv Chuter with Professor Rob Fitridge

LUNCH AND EXHIBITION

BREAKOUTS

SESSION 1	SESSION 2	SESSION 3
13:15 13:55 DFD from a psychological perspective A/Professor Anita Raspovic with Dr Emma Hamilton	Wound bed preparation, dressings and current technologies Dr Pam Chen with Ms Hayley Ryan	Personalised medicine – isn't this what we've been doing all our lives, or is implementation challenging? A/Professor Jaap van Netten with A/Professor Byron Perrin

GRAB YOUR 'FOR THE ROAD' SNACK PACK – AVAILABLE FROM 1:55PM ONWARDS

PLENARY FOUR

What's new and predictors for the future

14:05 14:10	Conference Award Announcements	
14:10 14:25	IWGDF Charcot guideline and new thinking around surgical management	A/Professor Katherine Raspovic (USA)
14:25 14:40	Postcodes matter – geographical indicators of disease	Dr Susanna Cramb
14:40 14:55	AI is here – what role can it play in treating DFD?	Professor David G Armstrong (USA)
14:55 15:15	Live panel discussion + Q&A with all speakers	
15:15 15:20	Thank you and conference close	

PLENARY THREE

All about the wound

Professor Rob Fitridge
A/Professor Laurens Manning
A/Professor Matilde Monterio Soares
Dr Pam Chen
A/Professor Pete Lazzarini

WORKSHOP SESSIONS

PAD
from a podiatry perspective

DFD
from a psychological perspective

DFD MANAGEMENT
Inclusion of culture for First Nations Peoples

OFFLOADING
into your clinical practice

PLENARY FOUR

What's new and predictors for the future

Professor David G Armstrong
A/Professor Katherine Raspovic
Dr Susanna Cramb



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POSTER SHOWCASE – SUNDAY 08 OCTOBER 6:15pm – 6:50pm

AWARD PRESENTERS SESSION 1	AWARD PRESENTERS SESSION 2	AWARD PRESENTERS SESSION 3	AWARD PRESENTERS SESSION 4
18:16 – 18:22	18:24 – 18:30	18:33– 18:39	18:42– 18:48
A Comparison of Energy Expenditure with Level of Amputation in Patients with Diabetes Mellitus Professor Dane Wukich – University of Texas Southwestern	Charcot reconstruction versus below knee amputation; a comparison of mortality and function. Dr Brian Martin – Nepean Public Hospital	Small changes make a big difference: changing the paradigm of digital amputations–the Campbelltown Hospital Experience Vanessa Irvine – Department of Vascular Surgery, SWS	Variability of toe pressures during haemodialysis: Comparison of people with and without diabetes – a pilot study Rachel Carle – Auckland University of Technology
The impact of the implementation of a Podiatrist within the Emergency Department on the management of diabetic foot related conditions Trent Johnson – Queensland Health	The financial burden of diabetes-related foot disease in Australia Dr Michelle Kaminski – Monash Health	A 3 Year Retrospective Audit of Characteristics of the Assessment, Diagnosis and Management of People with Acute Charcot Neuroarthropathy (CN) Attending a Regional Health Service Dimitri Diacogiorgis – La Trobe University/ Grampians Health	Early diagnosis of Charcot neuroarthropathy using MRI and its effect on patient outcomes: A seven-year retrospective audit Sandra Goh – University of Western Australia/St John of God Midland Hospital
Footwear and insole design to prevent diabetic and neuropathic plantar forefoot ulcers; – Findings from A series of N-of-1 trials Sayed Ahmed – Southern Cross University	A Partnership with Alice Springs Hospital High Risk Foot Service: Learnings and Reflections Stephanie Wong – Eastern Health		

POSTER DISPLAY PRESENTERS

ALL PRESENTATIONS RUN FROM 18:15 – 18:45

Measuring high risk foot patient experiences and satisfaction through their journey in the Royal Perth Hospital Multidisciplinary Foot Ulcer Clinic: A mixed method study Cara Westphal – University of Western Australia/Royal Perth Hospital	TWO2 (Topical Wound Oxygen Therapy) – Sunshine Coast University Hospital experience as the first hospital in Australia to implement this therapy for complex diabetic foot wounds Dr Vivienne Moulit– Sunshine Coast University Hospital	Is there a link between monocyte inflammation and lipid profile in people with diabetic foot ulcers? Rekha Marimuthu – Westmead Hospital / The University of Sydney	Incidence and Characteristics of Suspected Deep Tissue Pressure Injuries on the Foot and Ankle James Canfor – Monash Health Services
Monitor++: A SMS-based survey for post-operative follow-up of high-risk foot patients following minor foot amputation Sarah Dallimore – Eastern Health	Promoting novel a wound escalation pathway for the diabetic foot in remote Australia: A novel collaboration between industry and healthcare providers Shannen Lucas– Convatec	Transitioning to a single-use portable negative pressure wound therapy system from the traditional system in the treatment of post surgical foot wounds : a case series Arnold Hu – JurongHealth Campus, NUHS Singapore	UrgoStart® as an interface in combination with Negative Pressure Wound Therapy to enhance healing in a diabetes related foot ulcer Jill Featherston– St. Vincent's Hospital
Sucrose Octasulfate (UrgoStart®) – An evidence-based solution for healing patients and healing wounds Tanya O'Hara, RN – URGO Medical	Clinical evaluation of UrgoClean Ag (poly-absorbent dressing based o technology lipido-collod with silver ions) in the management of infected wound in Asia Dr Belehalli Pavan –Karnataka Institute India	Case Series: Offloading difficult to heal wounds with soft cast heel cups Erika Koo– Liverpool Hospital, NSW Health	Healing the unhealable – Limb salvage using deep venous arterialisation to flood the 'desert' foot Dr Vivienne Moulit– Sunshine Coast University Hospital

ALL POSTERS ARE SHOWCASED WITH PRESENTATION & Q&A OPPORTUNITIES FOR THE DURATION OF THE SESSION. AWARD CATEGORY POSTER PRESENTERS ARE ALSO ALLOCATED 6 MINUTES (FOR PRESENTATION AND Q&A) HIGHLIGHTED ABOVE AND ARE IN THE RUNNING TO WIN THE DFA BEST POSTER AWARD. Posters will remain on display during the conference.